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Dr. Farrell has been involved in helping others to restore balance in their lives for 24 years. In 1996, she graduated from Emperor's College with a Master's Degree in Chinese Medicine. She has been in private practice since 1997. She received her doctoral degree (DAOM) from Emperor's College in 2007. Her first book, *Psycho-Emotional Pain and the Eight Extraordinary Vessels* was published by Singing Dragon in July of 2016.

Yvonne has been teaching Chinese Medicine and Channel Theory to students for 20 years. She directs her teaching towards the empowerment of students with the hope that they will embody the spiritual aspects of Chinese Medicine and make them their own. She believes that self-cultivation, self-knowledge and critical thinking are essential in developing capacity as a practitioner of Chinese Medicine. To that end, she has also been on the leadership teams of many spiritual retreats and self-empowerment workshops.

In addition to teaching in several Masters and DAOM programs, Dr. Farrell has been teaching continuing education courses to licensed practitioners for many years. Her courses are lively, informative and clinically relevant. She is very passionate about the medicine and that is apparent in her teaching.

Although she has a general practice, her specialties include the treatment of psycho-emotional disorders or stress induced illness. She enjoys teaching her patients about the importance of a healthy body-mind connection and a lifestyle that reduces the impact of stress.