

About Ann-Cecil Serman

Biography

Ann Cecil-Serman is an acupuncturist, teacher and writer. She is the author of the widely acclaimed, best-selling book, *Advanced Acupuncture: A Clinic Manual*, a required text in many acupuncture schools in the United States and more recently *The Art of Pulse Diagnosis*, already a widely used text.

She travels all over the United States, Europe and Australia to teach the application and methodology of the Complement Channels, the art of pulse diagnosis, (and with her husband Andrew Serman, the use of food as medicine).

For many years she taught Advanced Clinical Observation and was a senior clinic supervisor at the school of acupuncture founded by Dr. Jeffrey Yuen in 1997 in New York City.

She is a long-time student of Dr Yuen, having extensively studied acupuncture, diet, Chinese medical history, herbs, qigong, essential oils, stones and philosophy with him across North America.

Her patients—children and adults of all ages—come from all over the world, working through illnesses or on personal cultivation. Ann's practice features the Complement Channels of acupuncture: the Sinew, Luo, Divergent and Eight Extraordinary Channels, and is augmented with Classical Chinese dietary therapeutic guidance.

www.classicalacupuncture.com Her art, based on Chinese medical diagnosis is at www.anncecilsermanart.com She lives in Manhattan with her husband and two children.